

Michigan Diabetes Prevention Network Fall Meeting

October 28, 2015
Michigan Public Health Institute
Okemos, MI



Welcome/Introductions/ Announcements

- Housekeeping
- Introductions/Announcements
 - Name
 - Organization
 - One thing you want to learn from others at this meeting
 - One thing that makes you HAPPY! 😊



Overview of Today's Meeting

- MDHHS & Michigan Diabetes Prevention Network Updates
- AADE-AADE DPP- The National Efforts and Local (Michigan) Efforts on Scale and Sustainability
- Break & Networking!
- ProMedica/Bixby and YMCA of Lenawee County-Building DPP Capacity in Lenawee County
- University of Michigan Benefits Office-Diabetes Prevention Program Coverage: The U of M Journey



Updates from MDHHS/MI Diabetes⁴ Prevention Network

- Membership Update
- Membership Assessment
- DPRP Coverage Update & MI DPP Data
- State Diabetes Prevention Action Plan
- Waiting Room Prompts



Membership Update

- 145 Members
 - DPRPs including virtual providers
 - Organizations interested in learning more about DPP



Membership Assessment

- Snapshot of our performance as a network
- Assessed:
 - Leadership
 - Management
 - Culture
- Total of 17 responses
- Answer choices included:
 - Non-Existent in our Network
 - Needs Improvement
 - Average
 - Better than Average
 - Excellent



Highlights from Membership Assessment-Management

- Management:
 - The Michigan DPN has frequent and productive communication with all members- 16 out of 17 respondents responded with average or better.
 - Members actively participate in network activities- 16 out of 17 respondents responded with average or better.



Highlights from Membership Assessment-Leadership

- Leadership:
 - The Michigan DPN can articulate why it is the appropriate vehicle for addressing the goal (as opposed to another coalition/network or working individually).
 - 16 out of 17 responded average or better.
 - The Michigan DPN has clearly articulated rules and procedures that are understood by all members, including criteria for membership, member obligations and decision making process.
 - 12 out of 17 responded average or better, 5 responded needs improvement.



Highlights from Membership Assessment-Culture

- Culture:
 - Members in the MDPN trust each other.
 - 15 out of 16 respondents responded average or better.
 - Members in the MDPN respect each other.
 - 17 out of 17 respondents responded average or better.
 - Members speak with a united voice even if they are not in full agreement with network decisions.
 - 10 out of 14 respondents responded average or better, 3 responded needs improvement, 1 responded non-existent in our network.



DPRP Coverage Update



- 34 Diabetes Prevention Recognized Programs
- 5 with full CDC recognition
- https://nccd.cdc.gov/DDT_DPRP/State.aspx?STATE=MI

<http://www.midiabetesprevention.org/>



Michigan DPP Data (July 2015)

State	Number of Recognized Organizations	*Number of Eligible Participants	Number with Blood Test or GDM	Percentage with Blood Test or GDM
Michigan	30	1252	712	56.9%

- *Eligible participants include those with a blood test, history of GDM or risk test

Waiting Room Prompts

**86 MILLION
AMERICAN
ADULTS**

have prediabetes.

You could be one of them.

Having prediabetes means you are at increased risk for developing serious health problems such as type 2 diabetes, stroke and heart disease.

You could have prediabetes if you:

- Have high cholesterol **OR**
- Have high blood pressure **OR**
- Have a parent, brother or sister with diabetes **OR**
- Ever had diabetes while pregnant (gestational diabetes) or gave birth to a baby that weighed more than 9 pounds **OR**
- Are physically active fewer than three times per week

Your risk goes up if you are also overweight, and/or over age 45.

If you have prediabetes, we can help!

Ask your doctor how you can stop diabetes before it starts.



Michigan Diabetes Prevention State Action Plan

- In process of drafting report and action plan.
- Incorporating statewide, 1305 and 1422 grant work.
- Three areas of focus:



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