



*Collectively  
Impacting Health*



# MiHIA 2019-2020 Workplace Wellness DPP

# DPP 1



- **Build Relationships**

- Who are the current partners?
- How many employees do they have?
- What is their capacity to add a program with current staff
- Built a step by step engagement plan

# DPP 2



- **Making the “ask”**

- Three “asks” of employers
  - Train an employee to teach on-site?
  - Provide classes on-site?
  - Refer to virtual DPP?

# DPP 3



- **At the table**

- Made the ask to leadership, but HR needs to be included shortly after
  - Write a Letter of Engagement
  - Provide all documents to educate about program, and recruit for program
  - Create a “How to...” guide for the partner

# DPP 4



- **Implementation**

- Provided Lifestyle coach trainings
- Technical support with meetings every three weeks

# DPP 5



- **COVID**
- Move all programming to virtual
- Canary Health



# QUESTIONS